



**purna vidya**  
AN AWAKENING

# Purna Vidya

## Our Gurus, Centers & Global Presence



**Purna Vidya Foundation**

Pooluvapatti PO, Off Siruvani Main Road, Molapalayam, Coimbatore - 641101, Tamilnadu, India.

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## About Purna Vidya



Welcome to Purna Vidya. Embrace yourself with Vedic way of living.

Purna Vidya Foundation was conceived, envisioned and actualized by Swamini Pramananda (affectionately known as Ammaji), inspired by her Guru, Pujya Sri Swami Dayananda Saraswati, in 2014 with its Centers in Coimbatore, Uttarkasi and Palakkad.

It's MISSION and PURPOSE is to connect with every individual at every stage of life from childhood onwards to facilitate Inner growth, achieve Inner peace and Universal Oneness, based on the Rishi tradition of Vedānta and Heritage teachings.

**"Like the finger directing your eyes to the moon, the teacher and the teaching help you see what you've been looking for. Come and find yourself here."**

- Ammaji

### Four Pillars of Purna Vidya

Our vedic Pillars form the core foundation for Purna Vidya's teaching programs across the globe



Vedānta

The fundamental desire for every human being is to be happy. Whatever happiness we receive from our efforts is impermanent. Whereas the message of Vedānta is that, true and unwavering happiness is our very own nature. Join our programs and experience days of joyful learning and inner transformation.



Saṃskṛtam

Spiritual seekers desiring to learn Saṃskṛtam for the study of Vedantic scriptures. Learn from the Gurus of Purna Vidya.



Vedic Heritage

The Vedic Heritage programs from Purna Vidya is a guide for educational institutions, communities and families that offers tailor-made programs for children, youth, homemakers, couples, young adults, the middle-aged and the elderly. These programs contribute not only to an individual's growth and spiritual awakening but also to society.



Yoga

Yoga retreats of Purna Vidya enable you to prepare the body and mind to experience the higher state of meditativateness. These retreats transform your mind in tune with the essence, the soul, so that it gets blended into one; re-union with divinity, which is every man's true nature.

Through Purna Vidya and its programs, Swamini Pramananda helps you see that happiness you seek is, in fact, the truth of who and what you are. Recognizing this, all that you say and all that you do becomes a blessing in your life.

Explore the programs offered by Purna Vidya.

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## About our Gurus



Swamini Pramananda (affectionately known as Ammaji) is the Spiritual Leader and Visionary behind the organization, Purna Vidya based in Coimbatore, Tamilnadu. For the past over 40 years, she has been sharing the vision of Oneness and Harmony with seekers around the world.

Swamini Pramananda is a Vedānta Teacher as well as a Saṃskṛtam scholar. Her scholarship is grounded in these timeless teachings as well as her direct experience of the truth they reveal. As a result, she has become one of the clearest and most eloquent teachers of the Vedic vision of Oneness and Happiness. She taught residential courses in Vedānta and Saṃskṛtam in her guru, Pujya Sri Swami Dayananda Saraswati's gurukulams for over a decade.



**Swamini Pramananda (Ammaji)**

Ammaji shares her love with one and all, by tirelessly serving those in need, whether it be in the field of education, health, women empowerment or environment. Her social work in Uttarkashi, Himalayas and Coimbatore is laudable and reflects her loving and giving nature.

As an outgrowth of her spiritual understanding, Ammaji designed a curriculum of study for the spiritual heritage of India called "Purna Vidya". These 23 book series, have been translated into a number of languages and adopted by many educational institutions as well as communities and temples worldwide as the standard set of books for in-depth learning of Vedic Heritage.

Ammaji is an outspoken and recognized leader in the worldwide global peace movement. She has also presented the Hindu/Spiritual perspective of Oneness through Vedantic teachings in New York (USA), Birmingham/London (UK), Barcelona (Spain), Munich (Germany), Toronto (Canada), Abu Dhabi (U.A.E), Dubai (U.A.E), Singapore and Malaysia. She was a delegate speaker at the 2009 Global Climate Change Conference in Copenhagen, Denmark, in the spiritual delegation led by GPIW as well as in the 2014 and 2018 World Hindu Congress held in Delhi and Chicago respectively. One of Ammaji's unique contribution on Environment is her work in the Himalayas on the sacred culture of Goddess Ganga, through her teachings and education for Adivasis of Anaikatti Hills, Coimbatore.

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Swami Siddhabodhananda has a rich 40 years history as a teacher at Vedānta and Saṃskṛtam. As a student of Puṣṭi Swami Dayananda Saraswati, Swamiji began teaching Saṃskṛtam while studying Vedānta in Northern California during a three-years Gurukulam-style course Puṣṭi Swamiji conducted from 1979 – 1982. Swamiji attended this course and soon after began to teach at Puṣṭi Swamiji's gurukulams as well as serving him in administrative capacities.

In 1974, prior to pursuing his spiritual studies, Swamiji received his MS in Electrical Engineering from Stanford University, USA and worked for National Semiconductor in Silicon Valley, USA for 10 years.

From 1986 to 1990, Swamiji taught Saṃskṛtam at Puṣṭi Swamiji's Arsha Vidya Gurukulam in Saylorsburg, Pa., USA, before Puṣṭi Swamiji appointed him Acharya in charge at the new Swami Dayananda Ashram in Anaikatti, Tamilnadu. While at Anaikatti, Swamiji taught Saṃskṛtam to the students in three 3.5 years Vedānta courses, as well as Vedānta when Puṣṭi Swamiji was unavailable.

In addition to unfolding the vision of Vedānta through the Bhagavad Gītā and Upaniṣads with Śaṅkaras Bhāṣyam for the long term Vedānta course students in Anaikatti, Swamiji conducted several three and six month, residential courses for those unable to attend the longer course. Throughout his time at Anaikatti, he also taught a number of short Vedānta texts such as Atma Bodha, Tattva Bodha and Viveka Cudamani.

Swamiji's scholarship and mastery of Paniniyan Saṃskṛtam Grammar allowed him to create the pedagogy and structural tools for the 3.5 years residential Vedānta courses in Arsha Vidya. Inspired by Swamiji's clarity and mastery of Vedānta and Saṃskṛtam, many of his students have dedicated their lives to sharing this sacred knowledge. They continue the guru-sisya lineage in teaching Śaṅkara's Bhāṣyam, the scholastic commentary of Ādi Śaṅkaras on the Upaniṣads, Bhagavad Gītā and Brahma Sutras.

In addition, Swamiji spearheaded the AIM for Seva movement in its early stages for 7 years at Anaikatti, creating the frameworks for programmes on Women's Empowerment, Balavadi, Hostels for children and a charity hospital for the Adivasis of Anaikatti Hills.

In 2006, Swamiji chose to live a life of Ekantam (solitude) and continues to inspire Purna Vidya Foundation's activities as the silent spiritual head of the Trust.



**Swami Siddhabodhananda**

## Purna Vidya Foundation

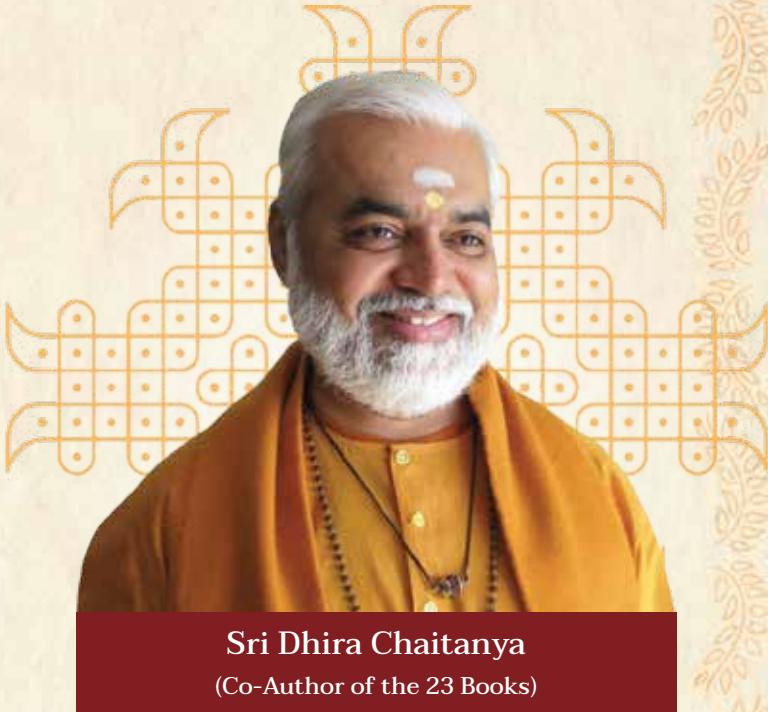
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Sri Dhira Chaitanya is a disciple of Pujya Swami Dayananda Saraswati, a world-renowned scholar and a teacher of Vedānta. Sri Dhira Chaitanya has undergone intensive study of Vedānta and Saṃskṛtam with Pujya Swamiji.

As Dr. Sundar Ramaswamy, Sri Dhira Chaitanya practiced for many years as a Child Psychiatrist in New York. With his professional background, combined with his assimilation of Vedānta Sastra and Vedic Culture, he is able to address the role of psychological growth and maturity in spiritual pursuit with insight and authority. He has the capacity to communicate the teaching in a simple and gentle way to students of all ages and stages in life and to educate all in the knowledge of one's own development as an individual; both topically and essentially.

Sri Dhira Chaitanya co-authored Purna Vidya, a Vedic Heritage Teaching Programme with Swamini Pramananda.



**Sri Dhira Chaitanya**  
(Co-Author of the 23 Books)

He currently teaches Vedānta as well as conducts retreats and seminars on Spirituality, Psychology and Meditation in USA, India and other countries.

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Swami Dayananda Saraswati is a monk of the Hindu monastic order, a renowned traditional teacher of Advaita Vedānta, and founder of the Arsha Vidya Gurukulam.

As a foremost student of Swami Chinmayananda, Swami Dayananda studied with a number of teachers, including Swami Tapovanam Maharaj, Swami Pranavananda and other well-known Saṃskṛtam scholars, including Professor Veeraraghavachariar at Chamrajpet's Saṃskṛtam College. Pujya Swamiji, as he is known by his students, became a Hindu Monk in 1962. Several years later he traveled to Rishikesh where he undertook a study-pilgrimage and stayed in a grass hut in Purani Jhadi. He spent three years there, studying Brahma Sutras under Swami Tarananda Giri at Kailash Ashram.

In 1971, Swami Dayananda agreed to conduct a long-term study program at Chinmaya Mission's Sandeepany Sadhanalaya and formulated a curriculum that would systematically unfold the vision of Vedānta. Between 1972 and 1979, Swami Dayananda conducted two three-year residential Vedānta courses in Mumbai. In his words "At Sandeepany the teaching is traditional and rigorous. What would take a Sadhu in the Himalayas nine years to learn, the students at Sandeepany learned in two-and-a half years".

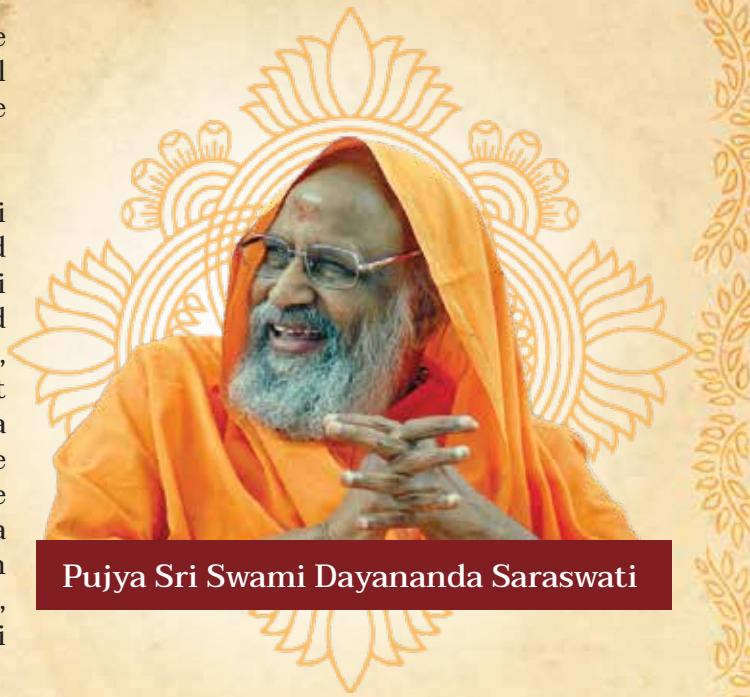
In 1979, Swami Dayananda established a three-year study program at Sandeepany West, in Piercy, California. In 1982, he returned to India and continued to spread the message of the Upaniṣads through public talks and lectures.

Swami Dayananda further established Arsha Vidya Gurukulam at Saylorburg, Pennsylvania in 1986 and at Coimbatore in 1990, wherein three-year residential courses are conducted. In addition, Retreats and camps are offered here throughout the year, for individuals and families. Swami Dayananda along with his students taught nine three-year programs and over two-hundred of his Sannyasi-disciples are teaching Vedānta and Saṃskṛtam around the world.

As a teacher of Vedānta, Swami Dayananda has established three traditional teaching centers and many more across the globe through his students, with a primary focus on teaching Vedānta, Saṃskṛtam and related disciplines.

**"Without your involvement, you can't succeed. With your involvement, you can't fail"**

- Pujya Swami Dayananda Saraswati



**Pujya Sri Swami Dayananda Saraswati**

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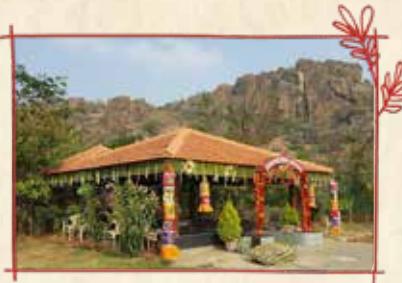


## Purna Vidya Centers



Purna Vidya centers are designed for your repose and the residential retreats enable the contemplation process in finding inner peace and bliss. Retreats help you to connect in depth with Vedic wisdom and unearth the energetic yoga processes to awaken your spiritual self and explore beyond the materialistic acquisition and fleeting experiences of day to day life.

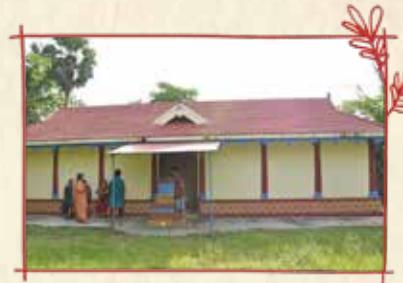
Whether you find yourself at Tapasyalayam high up in the Himalayas or in the plains of Coimbatore at Purna Vidya Foundation, surrounded by magical mountain ranges or in the tropical lands of Kerala at Sri Venugopalaswamy Ashram, each center offers the perfect combination of peaceful surroundings and teaching that your spirit seeks.



Purna Vidya Foundation  
Coimbatore



Tapasyalayam  
Uttarkashi



Sri Venugopalaswamy Temple  
Palakkad

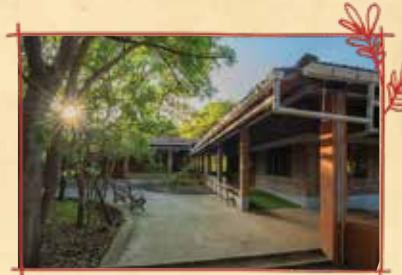
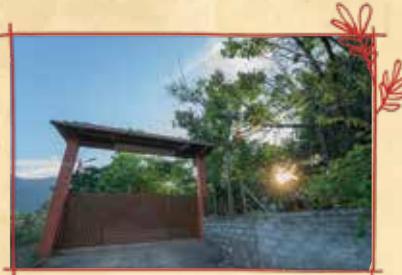
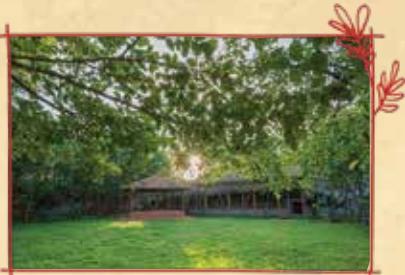
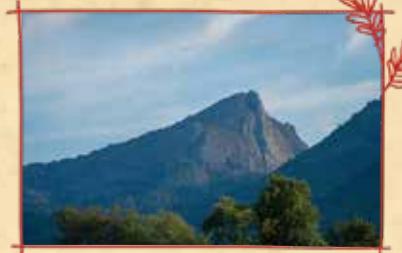


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## Purna Vidya Foundation, Coimbatore



Surrounded by breath-taking mountains, Purna Vidya Foundation offers a quiet, contemplative environment for solo retreats and programs focused on Vedānta, Heritage awareness for individuals, families and corporates. The yoga philosophy courses of Purna Vidya cover study of phonetics and recitation of Yoga Sutras in a detailed way.

Situated about 25kms from the city in the scenic environment the place provides a peaceful get-away that strengthens your spiritual quest.

- ❖ Accommodates nearly 50 people
- ❖ Serves as a perfect setting for conducting seminars, workshops, retreats and weekend courses

## How to reach there?

Purna Vidya Foundation is situated around 25kms West of Coimbatore, which is well connected by air, rail and road. Airlines operate regular flights to Coimbatore from Chennai, Delhi, Mumbai and Bangalore and major cities of India. Train services are also available from all major cities in India. Local taxi services and app based taxi services could be hired to reach the location. The centre requires registration for accommodation at least three weeks prior to your visit in advance to complete the necessary formalities.

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Tamilnadu, India

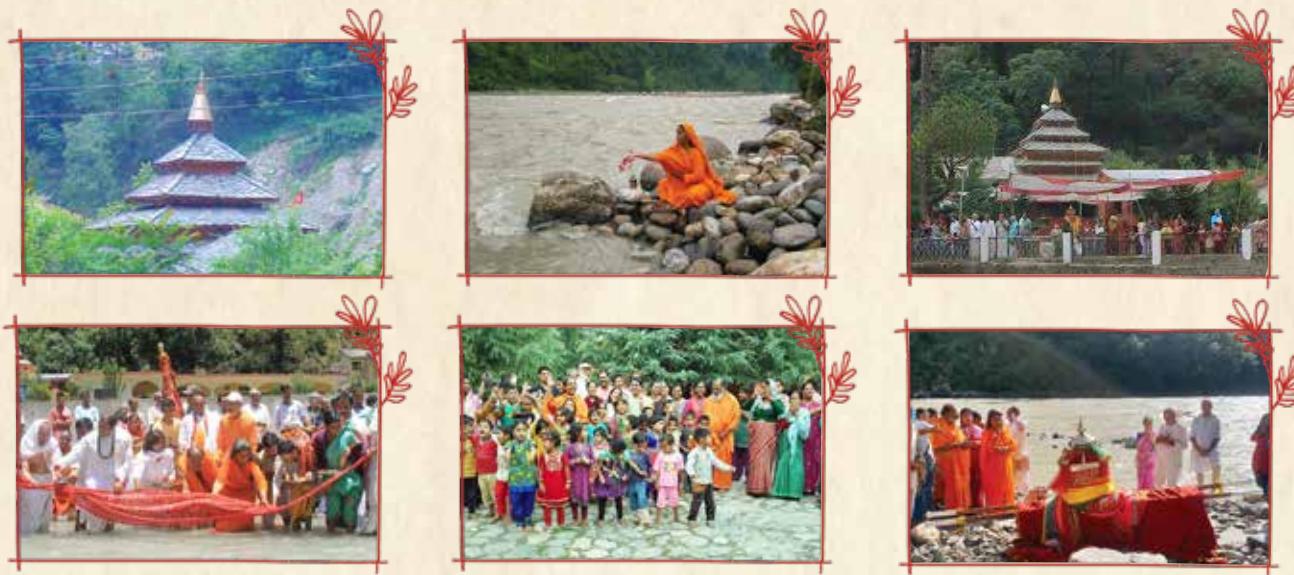
Phone: +91 91503 19999, +91 78128 91579  
Email: [programs@purnavidya.org](mailto:programs@purnavidya.org) ;  
[info@purnavidya.org](mailto:info@purnavidya.org)

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## Tapasyalayam – A Retreat Center, Uttarkashi



Throughout the ages, seekers after truth have found themselves in the Himalayan Mountain Range where the timeless wisdom of the Vedas is kept alive and vital by sages and seers.

On the banks of the sacred Ganges River, Tapasyalayam offers the spiritual seeker an opportunity to enjoy not only the rich culture of the Ganga Belt but the spiritual truth behind their own inner longing. Here you will find Ganga Dhyana Mandir, a beautiful natural cave temple dedicated to Ganga Devi (The Goddess Ganga), where worship, pujas and bhajans are conducted daily.

Every year from March to November, Tapasyalayam offers a multitude of programs for spiritual reflection and contemplative practices, yoga retreats, nature walks, satsangs, pilgrimages to Gangotri, Gomukh and more.

### How to reach there?

Tapasyalayam is situated on the banks of the holy river Ganga, against the stunning backdrop of the majestic Himalayas. The center is located in the small village of Netala, eight kilometres north of Uttarkashi (about 125 kms north of Rishikesh) in the state of Uttarakhand, known as Devbhumi (Land of the Gods). The high altitude and spectacular snow-clad Himalayan peaks provide the most perfect natural setting for contemplative practices and spiritual reflection.

Nearest airport: [Jolly Grant Airport, Dehradun](#) | Nearest Railway Station: [Dehradun](#)

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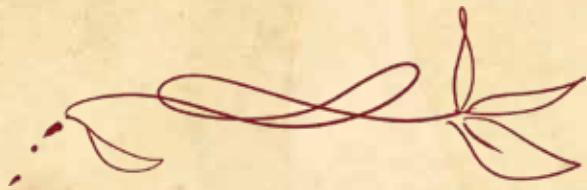


Flights and trains from multiple cities of India provide the connectivity to reach Dehradun. The centre requires registration for accommodation at least three weeks prior to your visit in advance to complete the necessary formalities. Recommendation for cab services to reach Tapasyalayam would be provided on request and cab arrangements for the same is organized on additional cost per your travel needs.

### **Tapasyalayam**

Netala P.O, Near Siror Bridge,  
Uttarkashi, Uttarakhand 249193

Phone: +91 96348 80620, 72530 44547  
Email: [tapasyalayam@purnavidya.org](mailto:tapasyalayam@purnavidya.org) ;  
[info@purnavidya.org](mailto:info@purnavidya.org)



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## Sri Venugopalaswamy Ashram, Palakkad



Sri Venugopalaswamy Ashram was constructed in 2011, following the discovery by Swamini Pramananda in 1996, that the Village known as Coolimuttam Agram was her ancestral home.

- The temple conducts Nitya Pujas and special pujas such as Gopuja, Homam, Bhagavatiseva and Satyanarayana Pūjā upon request.
- The Ashram serves as the Annakshetra and residence for the devotees of Lord Venugopalaswamy during the temple festivals.
- Religious and social functions such as Upanāyana, Aksharabhyasa and Namasankirtan are performed routinely at the Ashram.

## How to reach there?

Coolimuttam is a small village located in Palakkad District of Kerala State, India. It is located at a distance of 14 KM towards east from Palakkad.

Nearest Airport: [Coimbatore](#) | Nearest Railway Station: [Palakkad](#)

### Sri Venugopalaswamy Ashram

Coolimuttam Village  
Kodambu Panchayat  
Palakkad - 678551  
Kerala, India.

Phone: +91 96348 80620  
Email: [info@purnavidya.org](mailto:info@purnavidya.org)

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## Global Presence



Key locations of Purna Vidya Foundation across the globe



Reach out to the below mentioned mail ids for queries in your respective region.

- US: [purnavidyausa@purnavidya.org](mailto:purnavidyausa@purnavidya.org)
- UK: [purnavidyauk@purnavidya.org](mailto:purnavidyauk@purnavidya.org)
- EUR: [pveurope@purnavidya.org](mailto:pveurope@purnavidya.org)
- South East Asia: [info@purnavidya.org](mailto:info@purnavidya.org)
- South East Asia: [info@purnavidya.org](mailto:info@purnavidya.org)

Reach out to [info@purnavidya.org](mailto:info@purnavidya.org), [programs@purnavidya.org](mailto:programs@purnavidya.org) for your queries on attending retreat programs and visiting Purna Vidya centers across **Coimbatore, Uttarkashi and Palakkad**.

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