



पुर्नाविद्या  
AN AWAKENING

# Vedic Heritage Teaching Program

— For Young Generation —

## Human Development and Spiritual Growth

Starting Sep 12<sup>th</sup>, 2026



— Swamini Pramananda (Ammaji) —



Saturdays  
4:30 to 5:30  
P.M. IST



Live Online  
Zoom  
Sessions



30  
Sessions



For Age  
13 to 18

✿ Children should know stories from our epics and puranas ✿

Discover timeless wisdom for personal transformation through self-awareness, values, and spiritual practices. This course helps you cultivate inner strength, clarity, peace, and purposeful living for a balanced and fulfilling life.

### TOPICS COVERED



- Moral development, self & cultural identity
- Vedic and modern influences including Peer pressure, value for traditions & more ....



- The Pre School Years
- The School Years
- Adolescence
- Youth And Middle Age
- Moral Development & more ....



To register, please visit the upcoming program section in our website by clicking the below path:

<https://purnavidya.org/upcoming-programs>

Choose the program of your choice and submit the required details.

#### For More Information:

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